



# King County Wraparound MIDD Strategy 6a

March 25, 2010



**King County**

# Wraparound as a MIDD Strategy

- Stakeholder planning process
  - Identified system gaps and needs
- King County offered Wraparound in past years
  - Limited capacity
- MIDD
  - Opportunity to offer a proven and effective approach to many more families
- Advances system goals
  - Children's Mental Health Plan
  - Chemical Dependency Six Year Strategic Plan
  - Uniting for Youth priorities (Systems Integration Initiative), and
  - Mental Health Recovery Plan

# Why Wraparound?

- Wraparound reduces reliance on formal systems
- Wraparound increases resilience, self-determination and overall well-being for families
- Wraparound helps families to stay together
- Reduces use of costly resources (hospitals, juvenile justice involvement, out of home care)

# King County Wraparound

- King County Wraparound is based on the National Wraparound Initiative (NWI) model developed by a cadre of national experts, including King County staff.
  - A growing body of research supports Wraparound as an evidence-based practice
- Wraparound availability is limited in Washington State
  - At full capacity our Wraparound Initiative will serve more families than all other sites combined
- As a county we can be proud of this major system enhancement designed to address the unmet needs of children, youth and families

# *What is Wraparound?*

Wraparound is a practical form of compassion, organized in a sensible way.

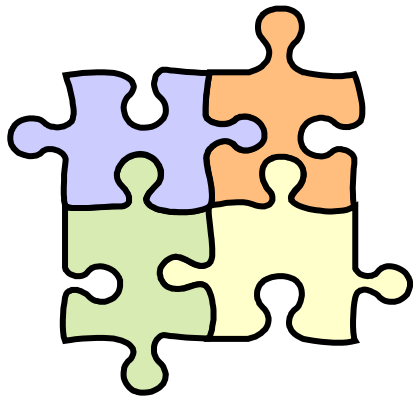
~~~~~ Community Partners Inc.,  
web page (CPI)



# A value-based process

A collaborative team planning process that is

- Family-centered and youth-guided
- Persistent
- Culturally competent
- Strengths-based
- Community-based
- Creative and individualized



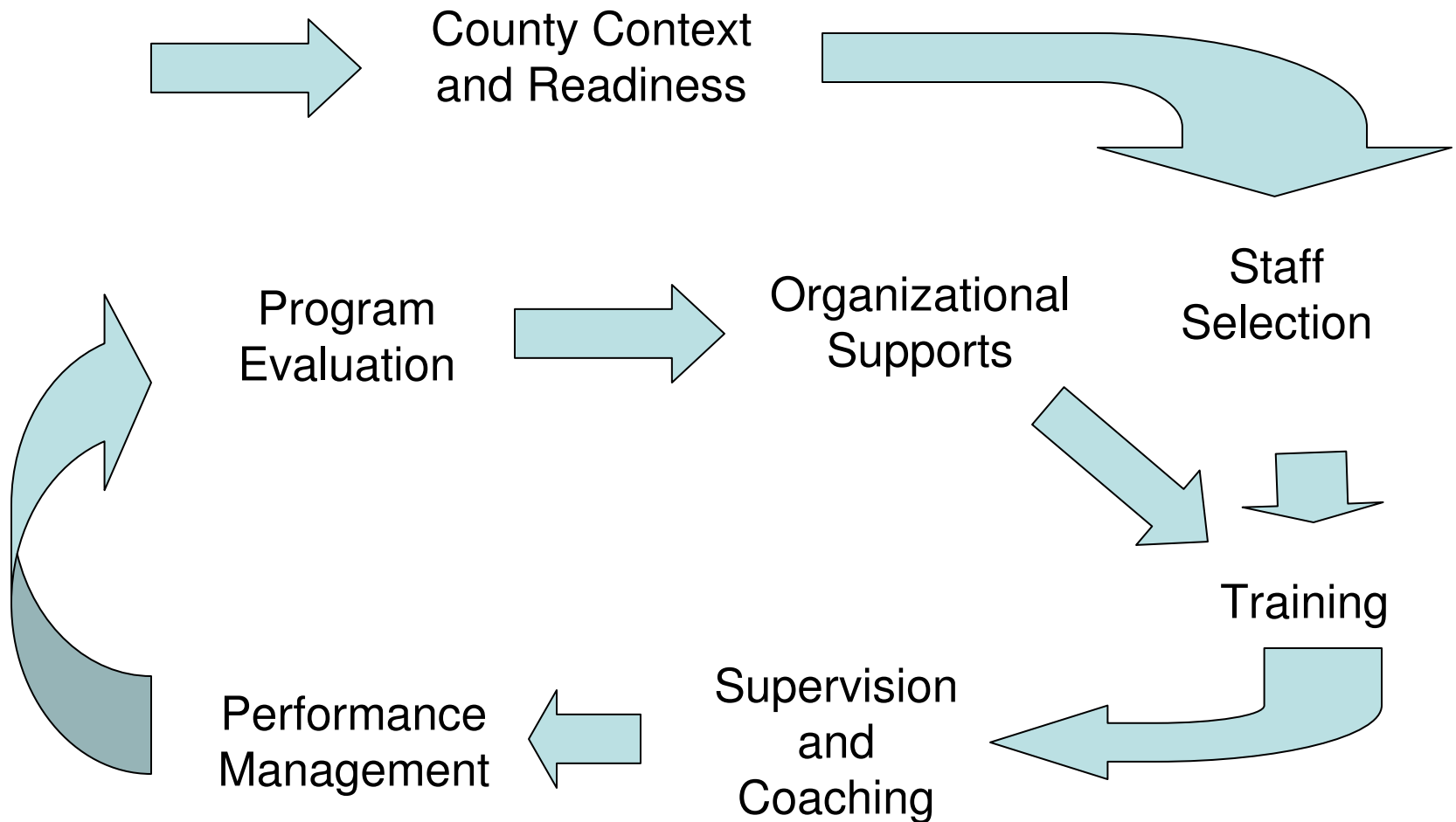
- » Mobilizes natural and community supports to meet unique needs
- » Empowers families, enhances their skills

# What Wraparound *Is NOT*



- A program or a service
- Something an agency can give you
- Something you can buy
- A quick fix
- The same for each person or family
- Something an agency does in isolation
- Funded through a specific line item or funding stream
- Easy
- For everyone

# Implementation of High Fidelity Wraparound





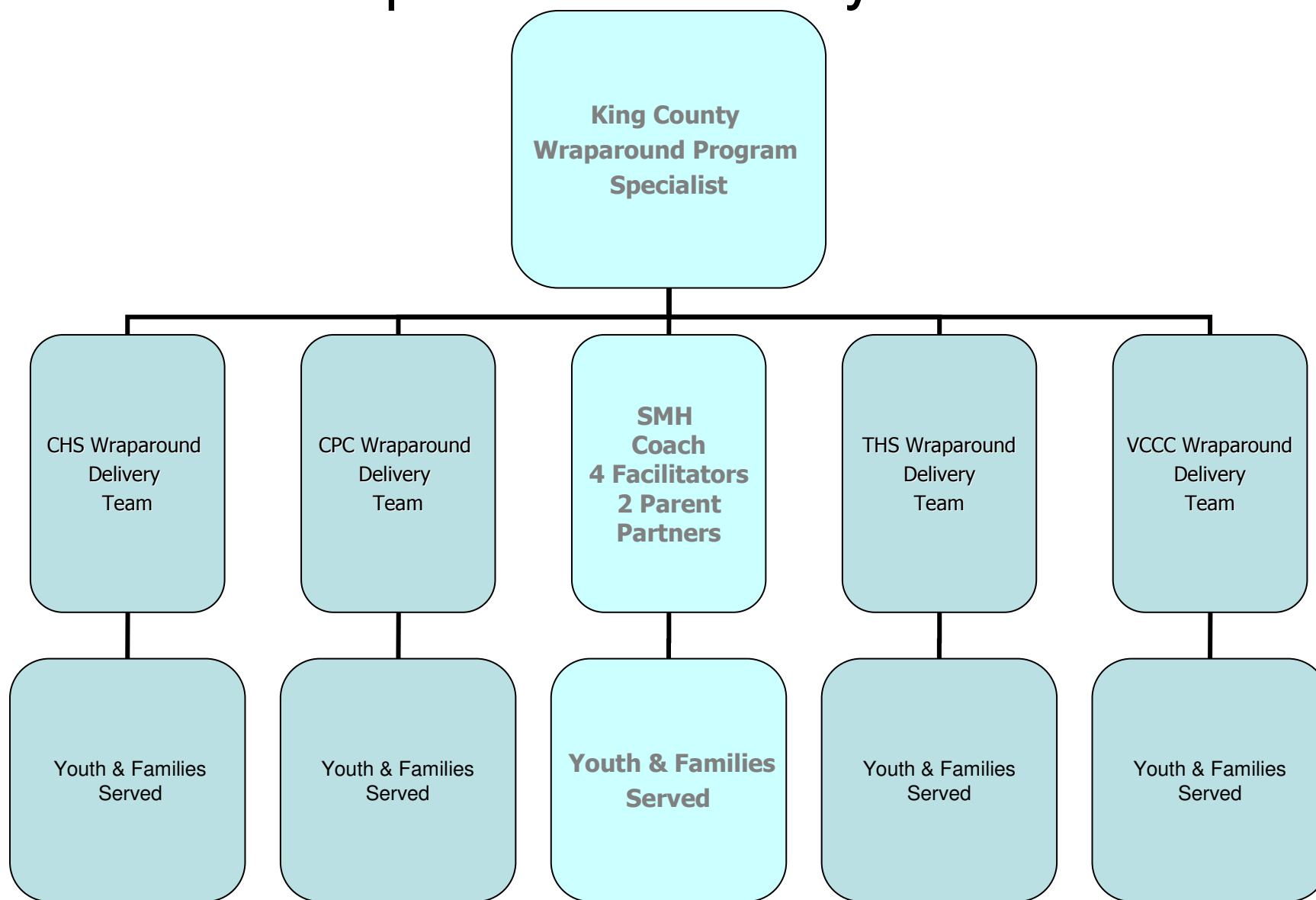
# Time Line

- **May 2009--** Contracted with 5 Providers
- **August 2009--** Staff trained in NWI model
- **November 2009--** MIDD Wraparound offered to families
- **January 2010--** Team capacity increased
- **January-February 2010--** New staff and Community Resource Teams trained
- **2010--** Advanced training for staff; fidelity monitoring and ongoing program evaluation

# Wraparound Providers

- ❖ Center for Human Services
- ❖ Community Psychiatric Clinic
- ❖ Sound Mental Health
- ❖ Therapeutic Health Services
- ❖ Valley Cities Counseling and Consultation

# Wraparound Delivery Model



# Centralized Referrals

- Single point of entry
- Easy referral form may be completed by anyone who knows the family/youth
  - Referent contacted within days of receipt for any additional information
- Family assigned to Wraparound provider closest to their home and youth's school

# Eligibility Criteria

- Resident of King County, and
- Up to age 21, and
- Emotionally and/or behaviorally disturbed or substance use disordered youth, and
- Served by 2 or more systems:
  - Division of Child and Family Services
  - Superior Court – Juvenile Justice
  - Special Education
  - Mental Health and/or Chemical Dependency treatment
  - Developmental Disability Division; and
- Would benefit from Wraparound, and
- Family and youth agree to participate, or
- Children's Long-term Inpatient Program (CLIP) referral is being considered



# Wraparound Delivery Team

1 Coach

4 Facilitators

2 Parent Partners

Diverse staff to meet  
the diverse needs  
of King County  
families



# Community Resource Teams

(Three Regional Teams)

- **Purpose**

- System expertise and resources
- Review applications to CLIP
- Assist families whose youth is transitioning home from CLIP
- Identify system barriers and gaps; propose solutions

- **Membership**

- Parent partners
- Division of Child and Family Services
- Division of Developmental Disabilities
- Juvenile Justice
- Inpatient psychiatric hospitals
- School Districts: 13 of 19 are at the table
- Treatment Providers
- Wraparound Delivery Teams



# Who is Receiving Wraparound?

- **Age range**

- 5-12: **31%**
- 13-17: **59%**
- 18-20: **10%**

- **System-involved**

Top four systems

- Mental Health
- Special Education
- Juvenile Justice
- Division of Child and Family Services

- **Variety of referral sources**

- Mental Health and/or Chemical Dependency **42%**
- Education & Children's Crisis System **11%** each
- Juvenile Justice & Parents **10%** each





- With implementation of all evidence based practices there are challenges
  - Recruiting and retaining qualified staff
  - Wraparound Teams are almost fully staffed at current funding level
- As soon as they are referred, families are rapidly beginning the Wraparound process
  - Currently nearly 200 families are participants

# One Family's Experience of Wraparound



